



## Archangel Gabriel

"The Strength of God"

The Messenger Angel

### Opening Prayer

Invoke and thank AA Gabriel

### Connecting with Angels

Always in Gratitude

### Synchronicity

Synchronicity is defined as when energy aligns with purpose.

### Signs from any angel or spirit guides

- Music

## AA Gabriel

Known in many religious traditions as well as secular studies.

<b>Associated Colors:</b>	Copper, White
<b>Personality:</b>	Male/Female energy
<b>Associated Crystals:</b>	Copper, Citrine, Clear Quartz

## Crystals

Clear Quartz is one of the most “all around” crystals.

All purpose stone as well as an amplifier.

Citrine is a stone that brings positive, joyful energy.

<b>Field of Expertise:</b>	<ul style="list-style-type: none"><li>• Known best as the Messenger Angel</li><li>• Communication, in any area, especially journalism and writing</li><li>• Conception, pregnancy, birth, adoption, and parenting.</li><li>• Nurturing children and your inner child.</li><li>• Helps those whose life purpose is to help children.</li><li>• AA Gabriel uses her large copper trumpet to send messages from God.</li></ul>
<b>Clear Communication:</b>	<ul style="list-style-type: none"><li>• AA Gabriel helps with communication (assisting with the right words to say, the message that needs to be heard).</li></ul>
<b>Nurturing Children:</b>	<ul style="list-style-type: none"><li>• Conception, pregnancy, birth and adoption.</li><li>• She guides adults to find patience when parenting.</li><li>• She helps both adults and children sleep more soundly.</li></ul>
<b>Life Purpose:</b>	<ul style="list-style-type: none"><li>• She assists adults who want to guide children to live healthy lives.</li></ul>

## Connection and Meditation

Prayer for AA Gabriel to be here

## Guided Meditation

A time of association with AA Gabriel.

## Automatic Writing

Think of a question or situation you want help with

Write it down on the top of your paper.

Relax, let go of all inhibitions, allow your hand to flow across the paper. Words, phrases, sentences, it doesn't matter

Begin with AA Gabriel, thank you for being here. Thank you for the ideas.

Write for as long as you can.

## Journaling

## Discussion

